

Each of us has the opportunity to make sacred covenants with the very God of heaven. We make these covenants as we participate in priesthood ordinances. As we keep these covenants, He blesses us with His power.

Recall with me President Russell M. Nelson's prophetic direction concerning how to access power from God:

"Every man and every woman who participates in priesthood ordinances and who makes and keeps covenants with God has direct access to the power of God."

This direct access to the power of God is a gift He generously shares with His children.

How does a covenant woman draw upon this divine power?

What does this power, which flows from keeping the covenants we make through priesthood ordinances, look like in your day-to-day life? God's power [is] available to us through sacred covenants and because of the Savior's atoning sacrifice. This power transforms us, strengthens us, calms us, gives us confidence, brings us peace, and increases our capacity to fulfill our divinely appointed responsibilities as women.

